

8.11.

16:30h Arrival & Welcome
17:00h Bhakti Introduction Session
19:00h Dinner
20:30h Kirtan

09.11.

8:00h Hatha Yoga & Meditation
10:00h Breakfast
11:00h Self Enquiry Class
13:30h Lunch
15:30h Mantra Class
17:30h Yin Yoga & Sound Journey
19:00h Dinner
20:30h Meditation & Kirtan

10.11.

8:00h Hatha Yoga, Mantras & Meditation
10:00h Breakfast
11:00h Philosophy Class
13:30h Lunch
15:30h Explore your voice Class
18:00h Yin Yoga
19:00h Dinner
20:30h Meditation & Kirtan

11.11.

8:00h Hatha Yoga, Mantras & Meditation
10:00h Breakfast
11:00h Philosophy Class
13:30h Lunch
15:30h Cacao Ceremony & Kirtan
19:30h Dinner
20:30h Sound Journey & Yin Yoga

12.11.

8:00h Hatha Yoga, Mantras & Meditation
10:00h Breakfast
11:00h Philosophy Class
13:30h Lunch
15:30h Harmonium & Guitar Mantra Class
18:00h Yin Yoga
19:00h Dinner
20:30h Meditation & Kirtan

13.11.

8:00h Hatha Yoga, Mantras & Meditation
10:00h Breakfast
11:00h Philosophy Class
13:30h Lunch
15:30h Exam Classes
19:00h Dinner
20:00h Community Kirtan

14.11.

8:00h Hatha Yoga, Mantras & Meditation
10:00h Breakfast & Sharing Circle
12:00h Check-out